



District of Columbia
DENTAL SOCIETY

NEWSLETTER

December 2017, Vol. 63, No. 12



Dr. Carol Blake

A Letter from the DC Dental Society President Carol Blake, DDS

Dear Colleagues:

It's hard to believe that the end of the year is here already! I hope you and yours are getting ready to enjoy good times with friends and family. Meanwhile, we're remaining very busy at the D.C. Dental Society.

We will be having a bylaws vote in January for the membership, so please mark your calendar for January 9th. The membership

will be voting on a change in membership requirements that will bring us in compliance with recent changes the ADA made at the House of Delegates meeting last year. The biggest change is that a dental licensure will no longer be required for membership. This is good news for D.C., as we have so many colleagues that practice for the federal government, and in Maryland and Virginia, but don't have a D.C. dental license. With this change, as long as a dentist has a DDS or DMD degree and an interest in dental-related activities in the District, they will be able to join.

I want to report on the ongoing conversations the board and volunteer leadership has been having with regards to the Mid-Atlantic Dental Meeting and a possible one-day meeting in the spring. If you've been following my newsletter reports, then you already know that the board decided to not move forward with a 2018 Mid-Atlantic Dental Meeting. While this year's Mid-Atlantic Meeting had an increase in registrations, it still wasn't enough to help it break even, so the board decided to spend some time re-thinking the meeting for the future. Knowing that our members enjoy attending a spring meeting, I pulled together a small workgroup to explore holding a one-day meeting for the entire dental team in spring 2018. While the group had some very exciting ideas, we realized that we were running out of time, and the expense was still considerable. As a result, the board decided at its last meeting that holding a one-day meeting in the spring was simply not viable. I want to thank the workgroup for their time and effort, which really helped with the decision-making.

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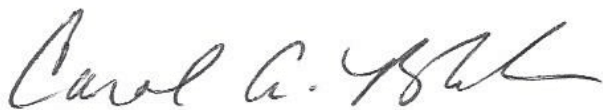
We're going to start exploring all of the good ideas that came up during our workgroup meetings, the monthly meeting surveys and the Mid-Atlantic Dental Meeting evaluations, and use all that to reevaluate our continuing education model for 2018-2019. The Education Committee will begin meeting to explore adding webinars, four-hour courses, and dental team continuing education focused on practice management topics to our 2018-2019 calendar. If you have ideas about continuing education that you'd like to see, please let us know on the monthly meeting evaluations or contact any board member. In addition, keep an eye out for our annual survey of member educational needs, which will be sent to all members early next year.

As we get closer to the end of this year, our thoughts naturally turn to renewing our dental licenses. The office has already reported an increase in members requesting their CE transcripts, undoubtedly to check that they have all of their requirements. Did you know you can save yourself time and worry by viewing your CE and printing out your CE transcript on-line?

Just go to the www.dcdental.org, and click on the blue button labeled "Track Your CE" on the right-hand side of the page, and login using your ADA credentials. If you don't remember your password, click on "Forgot Password" and walk through the steps to reset it (you will need your ADA number for this). You can even upload CE you've taken elsewhere – just follow the steps and then let the office know it's there, so staff can approve it.

Finally, I want to wish everyone a happy and healthy holiday season. See you in the New Year at the January monthly meeting!

Sincerely,



Carol Blake, DDS
President, DC Dental Society



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Welcome New Members



Dr. Chayne Coston—Dr. Coston is a Howard University alumnus where he earned his Bachelor of Science and Doctor of Dental Surgery degrees in 2012. He continued his education through his general practice residency at Bronx-Lebanon Hospital Center, and later a two-year extensive residency program at New York University. Outside of his dental career, Dr. Coston spends his time with sports, books, friends and live entertainment in New York. He practices at RCT Endodontics in Silver Spring.

Dr. Zan Pervaiz—Dr. Pervaiz continues a DCDS tradition of attracting talented dentists from Howard University Dental School, where he graduated in the spring of 2017. He is a constituent member of the Northern Virginia Dental Society and is joining the DCDS as a Metropolitan Member.



Dr. Allen Robinson—Dr. Robinson has joined the Society as a Metropolitan Member. He received his Bachelor of Science at Morgan State University where he studied biology. Following his undergraduate studies, he graduated from the University Of Michigan School of Dentistry in 2009 and later trained at Harbor-UCLA Medical Center in Oral and Maxillofacial Surgery. He has conducted research in several areas including innovative bone grafting techniques, head and neck pathology and has been published in the Journal of Oral and Maxillofacial Surgery. He enjoys traveling, sports, cooking, and spending time with his family. Dr. Robinson practices at Bethesda Chevy Chase Oral Surgery.

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Dr. Oscar Valle-Cintron—Originally from Puerto Rico, Dr. Valle received his undergraduate degree in biology from the University of Puerto Rico, Mayaguez Campus in 2005. He then went on to get his Doctor of Dental Medicine degree from the University of Puerto Rico School of Dentistry. After receiving his doctorate, he completed post-doctoral training right here in Washington, DC at Howard University (where he also served as chief resident). Outside of dentistry, his hobbies include drumming, paddle boarding, snowboarding, cooking, and traveling. Dr. Valle practices at Dlight Dental near Metro Center.

DCDS Member Honored

Congratulations to Dr. Vivian Click for becoming a Diplomate of the American Board of Endodontics! Achieving certification is the highest honor the AAE confers to an endodontist showcasing exemplary and specialized skill in the field.



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Membership Renewals Reminder

Remember to renew your DC Dental Society membership for 2018! You may pay your dues [online](#) via credit card using your ADA login credentials or mail a check (payable to the District of Columbia Dental Society) to the address on the invoice. Monthly and quarterly payment plans are also available! If you have not yet received your 2018 invoice, please contact the DCDS at info@dcdental.org or call (202) 367-1163.

The membership year ends on December 31st, but members have a one-month grace period until January 31, 2018, to pay their dues. Members will still be able to attend the January Monthly Meeting during this grace period. After January 31st, there is a \$100 late fee that is added to the regular dues. When renewing, please consider making voluntary contributions to the following DCDS-related entities:

- DCDS Foundation: charitable and philanthropic arm of the D.C. Dental Society that supports education, screenings and services for at-need District of Columbia residents. Donations to the Foundation are tax-deductible.
- District of Columbia Dental Political Action Committee (DCDPAC) — voluntary unincorporated committee of individual dentists that advocates on local issues of concern to the dental profession within the District of Columbia.
- American Dental Political Action Committee (ADPAC) - bipartisan voice of thousands of dentists who join together to help elect candidates to federal office who understand the importance of dentistry and dentistry's unrelenting commitment to improving oral health care in America.

Be sure to remain an active part of your national and local dental organizations to stay up-to-date and connected with peers in the field.

Membership Vote on Bylaws Changes is January 9th

There will be member vote held immediately prior to the January 9, 2018, monthly meeting on changes to the Society bylaws. These changes will bring the Society bylaws into compliance with recent changes to ADA bylaws designed to eliminate some membership barriers and improve member experience. In addition, the committee has recommended modifications to correct numbering and spelling errors contained in the current bylaws. A PDF version of the bylaws with all the recommended modifications is available [here](#).

Integrative Dental Medicine

January Monthly Meeting

The January DC Dental Society monthly meeting will be held Tuesday, January 9th at the Westin Georgetown and will feature a presentation by Dr. Dewitt Wilkerson of the Dawson Academy entitled, "Integrative Dental Medicine: The Infection-Inflammation/TMD-Occlusion/Airway-Sleep Apnea Connection."



Session Abstract

"Integrative Medicine" is a rapidly growing focus in many prestigious medical centers such as The Cleveland Clinic, Duke Medical, Baylor Medical, Stanford Medical, etc.

The emphasis is on caring for the whole person preventatively, not just treating obvious disease as it occurs. It's the same focus we've had in Dentistry with decay and periodontal disease.

"Integrative Dental Medicine" uses scientific research to discover the golden opportunity we have to expand our influence as true specialists in oral medicine. Did you know there are very common links between bruxism, dental wear & malocclusion, headaches, dysfunctional breathing, sleep apnea, gastric reflux, "ADHD" and "TMD", that are rarely recognized in the medical community? Would you accept the challenge to learn more about these relationships and how you can help many of your patients, neighbors and family members?

Learning Objectives

Dentists who participate in the program will:

- Become familiar with the Integrative Dental Medicine Model
- Receive an IDM checklist
- Be able to utilize the IDM Checklist in their practice immediately
- List and describe ingredients in dentifrices relevant to the relief of dry mouth and management of oral health

Members planning to attend the January meeting should RSVP [online](#), by phone at (202) 367-1163, or via email at info@dcdental.org by 5:00 p.m. on Monday, January 8th. Monthly meetings are free to members as a membership benefit. Members may also bring one non-member dentist guest for free. Dental staff are \$30. For more information, including the presenter bio, and to register, click [here](#).

<i>Presentation Topic</i>	<i>Location</i>
Integrative Dental Medicine	Westin Georgetown
<i>Schedule</i>	2350 M St NW
5:00 p.m. — Registration	Washington, DC
5:45 p.m. — Business Meeting	20037
6:00 p.m. — Presentation	<i>Parking at the Westin</i>
8:00 p.m. — Dinner	Before 5:00 p.m.: \$15
	After 5:00 p.m.: \$10



The DC Dental Society is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. The DC Dental Society designates this activity for 2 continuing education credits.

District of Columbia Introduces Opioid Abuse Bill

DC Council Chair Phil Mendelson has introduced new opioid prescribing and dispensing legislation in response to new CDC guidelines. The Opioid Abuse Prevention Amendment Act of 2017 (which can be read in its entirety [here](#)) is intended "to limit initial prescription of opiates for acute conditions to seven days or less, create additional requirements for subsequent prescription of opiates for acute conditions, limit the strength of opiates for other than acute conditions, and require the Mayor to issue rules to limit dispensing of opiates prescribed out-of-state and track the number of prescriptions prescribed by practitioners." The DCDS will continue to keep members apprised of any developments regarding this legislation.



Just Announced: February CE Event

The February DC Dental Society monthly meeting will be held Tuesday, February 13th at the Westin Georgetown and will feature a presentation by Dr. Gerard Kugel entitled, "The Future of Dentistry." A session abstract and learning objectives will be posted soon on the DCDS website. In the meantime, you can view Dr. Kugel's bio on his [website](#).

ADA Webinars

As constituent members of the ADA, DCDS members have access to a large online database of webinars and educational materials on the ADA website. Here are some popular recent offerings:

- **Opioid Prescribing in Dental Medicine:** The American Dental Association is working to combat the opioid crisis by helping dentists understand the potentially harmful impact of the drugs they prescribe in their offices. This series of webinars [discusses](#) ways dentists can reduce opioid abuse, educate patients about the addictive qualities of painkillers and prevent prescription opioid diversion.
- **Your Path to Ownership:** Ownership is not only possible; the opportunities are greater than ever. Morgan Stump, VP, Business Development Manager, Healthcare, Wells Fargo Practice Finance, [discusses his course in a brief video](#). [His new ADA CE Online course](#) is designed to help you learn how to achieve your professional goals with the career that can provide the lifestyle and financial position you want. Whether you purchase an existing practice or start one from scratch, having the right foundation and understanding your career path will help you take the next steps.

Coming Soon: Nominations for ADA Council and Commission Positions

In early 2018, the ADA will be soliciting nominations for several positions on its national advisory councils, commissions and committees. The DCDS is currently seeking interested members who would like to be considered for nomination by the society. Positions will be available on the following:

- Council on Dental Education and Licensure
- Council on Government Affairs
- Council on Scientific Affairs
- Commission for Continuing Education Provider Recognition
- New Dentist Committee

Any interested members should contact DCDS Executive Director Doug Fesler at 202-367-2341 or dfesler@dcdental.org.



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ADA Delegates Selected at November Monthly Meeting

At the November business meeting, nominations were held to select one delegate and one alternate delegate to the ADA House of Delegates. Dr. Patrick Grogan will continue as a DC delegate and Dr. Angela Noguera will continue as a DC alternate delegate through 2019. The DCDS thanks Drs. Grogan and Noguera for their continued service representing our interests at the national level.

Scam Targeting Area Dentists

In the interest of protecting our membership, the DCDS wishes to inform members of a scam targeting area dentists. In the scam an individual contacts the dentist's office wishing to schedule a large group whitening service, pays for it with a credit card, then request a cash refund later. Please be wary of this scam to protect against any losses of revenue or productivity.

DC Board of Dentistry Fall Newsletter Available

The fall issue of the DC Board of Dentistry newsletter is now available [online](#). In this issue you will find:

- A message from the chairperson of the Board, Dr. Renee A. McCoy-Collins
- Updates on regulatory issues in the District
- Important information about license renewals
- Disciplinary actions taken from January 2016 to September 2017

DCDS Mourns the Passing of Dr. Virginia Lee

Former DCDS member Dr. Virginia Lee passed away peacefully on November 20th, 2017 in Camp Hill, Pennsylvania, surrounded by her family. Dr. Lee attended dental school at Temple University, before completing a six-year residency in oral and maxillofacial surgery at University of Maryland Medical Center and at the R. Adams Cowley Shock Trauma Center in Baltimore. She then moved to Washington D.C. and established Capital Oral and Facial Surgery Center, where she practiced for 20 years. Dr. Lee was a DCDS member for more than 15 years, and will be remembered fondly by many in our local dental community. A memorial service will be held on Saturday, December 9th, at Jefferson Funeral Chapel in Alexandria, VA.



Classifieds

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Classified ads in the DCDS Newsletter are easy. Simply submit your ad through [the online form](#). We will then send you an invoice. Payment must be received prior to the publication date.

Deadlines:

The Newsletter is usually distributed on the first Wednesday of every month. Ads are due to the Society two weeks prior to the publication date.