

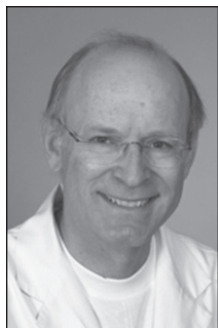
# Newsletter



October 2012

Vol.51 No.7

## October Monthly Meeting: Retreatment, in the Era of Implants?!



*Shimon Friedman, DMD*

Recent surveys indicate that when faced with management of root-filled teeth with persistent lesions, dentists increasingly favor replacement with implants over retreatment. This trend reflects dentists' perception of a poorer prognosis for retreatment than for single-tooth implants. Considering the current best evidence supporting a good prognosis for retreatment, the trend favoring extraction is unjustifiable and the practice of retreatment should be promoted for the benefit of patients.

Dr. Friedman will outline three key concepts for avoiding unnecessary extractions of root-filled teeth with persistent lesions: case selection, conservation and communication. At the end of this lecture participants should be able to:

- Define the key concepts for supporting the practice of retreatment in an environment favoring replacement of teeth with persistent lesions.
- Describe current strategies for case selection for retreatment or tooth extraction and replacement.
- Recognize the least destructive retreatment techniques that can be used to preserve tooth structure and restorations.

Dr. Friedman is Professor and Director of the M.Sc. Endodontics Program at the Faculty of Dentistry, University of Toronto. He received his dental degree (1975) and certificate in endodontics (1983) from the Hebrew University in Jerusalem, where he taught for 17 years before assuming the position in Toronto in 1992. In recognition of his research contributions, Dr. Friedman received the Medal of Merit from the City of Paris (2003), the French Endodontic Society's Grossman Award (2006) and the Louis I. Grossman Award by the American Association of Endodontists (2008). Dr. Friedman maintains a private practice limited to endodontics in Toronto.

The Tuesday, October 9, 2012 scientific lecture will begin at 5:30 p.m. followed by dinner and a business meeting at 7:15 p.m. To register please call the Society office or complete the registration form on page 2. The Washington Marriott is located at 1221 22nd Street, NW.

**GOING GREEN!!** Members can "opt-out" of a print copy of the *Newsletter*. If you are interested in receiving your *newsletter* by email, please call the Society office at (202) 547-7613 or send an email to [info@dcdental.org](mailto:info@dcdental.org).

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### *Mark Your Calendar . . .*

- October Monthly Meeting: Tuesday, October 9  
 ADA Annual Session: October 18-21, 2012, San Francisco  
 Give Kids a Smile Day: February 1, 2013  
 Nation's Capital Dental Meeting: March 7-9, 2013  
 Local Anesthesia & Pain Control Course for Dental Hygienists (Registration Form Enclosed)  
 GWAWD (Registration Form Enclosed)

# Letter from the President: Association Clarifies Status of ADA Library

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Dear Colleagues,

Many of you may have read the ADA's proposed 2013 budget. If approved, it would result in changes to the library that will take place in stages during 2013. Library services would be narrowed in scope to those services that are most used and most impactful.

This proposed change is a result of the ADA Board considering the cost and the value of all ADA programs as part of the budget process. Programs were ranked in terms of alignment with the ADA Strategic Plan in order to best allocate financial resources. After a thorough assessment and ranking of all programs of the ADA, some aspects of library use were determined to be of lower wide-spread usage and the ADA Board agreed it was prudent to sunset those in 2013.

As the DCDS President I value your input on this matter and encourage you to share your thoughts with me at the monthly meetings or by email [d.c.dentalsociety@dcdental.org](mailto:d.c.dentalsociety@dcdental.org). I will share your opinions with our delegation to the ADA.

Best Regards,

Johanna Huijssoon, DMD  
DCDS President

## 2013 Nation's Capital Dental Meeting

March 7 – 9, 2013 | Walter E. Washington Convention Center Washington, DC

### The Dawson Academy *Functional Occlusion: From TMJ to Smile Design*

Does your dentistry keep you awake at night? Stop worrying and discover solutions! Learn how understanding occlusion saves you time and reduces your frustration.

In this 19 CE hours foundational seminar in the "Concept of Complete Dentistry Series", participants will learn the timeless message that good, esthetic, and complete dentistry must begin with a thorough understanding of occlusion and the functions of the masticatory system. The cornerstone of The Dawson Academy philosophy is a comprehensive understanding of how the TM joint, muscles, proprioceptive input, lower anterior teeth, upper anterior teeth, lower posterior teeth, and upper posterior teeth are designed to function in harmony with one another.

Members who register by November 21, 2012 will receive the early registration price of \$1,395, a \$200 discount. As you may remember, this course sold out in 2012, so please register early while seats are available and save money!

**Please visit [dcdental.org/capmeet.asp](http://dcdental.org/capmeet.asp) to register today!**

# Division of Government and Public Affairs:

## ADA Significant Accomplishments 2012

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- **The ADA scored a victory when a final rule from the Centers for Medicare and Medicaid Services (CMS) exempted dentists from a requirement that providers who refer Medicare patients to specialists must sign up for the Medicare program.** However, referring a patient for reimbursable lab work or ordering durable medical equipment will require the dentists to enroll as a Medicare provider.
- On July 18, 2012, the House Appropriations subcommittee on Labor, Health and Human Services, Education, and Related Agencies passed a funding bill for fiscal year 2013 that included an **explicit prohibition on funding of the Alternative Dental Provider Demonstration Program.**
- **The ADA supported Rep. Cantor’s bill (H.R. 9) to provide a 20 percent tax cut for small businesses, including dental practices. The bill passed the House.** Small businesses (those employing 500 or fewer) would be allowed to deduct 20% of their income from taxes irrespective of whether or not they pay under the individual or the corporate tax code. This proposal would operate similar to the Section 199 deduction currently available for certain domestic production activities.
- Five bipartisan member of Congress urged the **Federal Trade Commission** on March 2 “to cease any further intrusion in the state regulation of the practice of medicine or dentistry and withdraw from the actions you have already taken.”
- Washington Office recommends the ADA officially endorse legislation, H.R. 5653, the Make Our Veterans Smile Act, a bill that would **require the Veterans Administration to provide outpatient dental services**, including dental appliances, to men and women who were awarded the Purple Heart.
- **Fluoridation technical assistance** has been provided to dental societies and members in many states, including **Alaska, Arizona, Arkansas, California, Kansas, Montana, New Mexico, New York, Oregon, Pennsylvania, Texas, Washington and Wisconsin.** On June 11, 2012, a letter was sent to Howard K. Koh M.D., M.P.H., Assistant Secretary for Health, U.S. Department of Health and Human Services, **requesting that Surgeon General Regina Benjamin issue a formal statement in support of water fluoridation.** The letter was signed by nearly 100 organizations, including national dental and medical organizations, state dental associations, oral health coalitions, and health foundations.
- **As a joint effort among ADA, HRSA and ACOG, a consensus statement on the importance of oral health care for pregnant women** was completed in July and will be utilized to inform interdisciplinary professionals and the public about the importance of good oral health during this time. CAPIR staff have been part of the planning and implementation workgroup for the past two years.
  - **Fluoride** activity has increased in **Montana, Oregon, New Mexico and Wisconsin.** In the coming months, we expect continued efforts by anti-fluoride activists in these states and others.
  - In the past year, there has been greater attention paid to **corporate ownership of dental practices** as an issue.
- **Reducing Administrative Burdens and Improving Access in Dental Medicaid Programs:** Improving access to comprehensive dental care for low-income patients involves an efficient and effective Medicaid system. CAPIR, CGA, DSGA and HPRC are working to support structural improvements in state dental Medicaid programs that will make it easier for dentists to treat Medicaid patients. Recommendations for improvement include credentialing, dental Medicaid advisory committees, compliance regulation, and use of data for more effective advocacy.
- **The ADA and other members of the Organized Dentistry Coalition (ODC) filed comments** with the Internal Revenue Service (IRS) expressing concerns about the limitations that were placed on Flexible Spending Arrangements (FSAs) following the enactment of the Affordable Care Act (ACA). The ODC believes the FSA provisions in the ACA are a step back for consumers at a time when out of pocket costs for health care have never been higher. For example, factoring in the rising costs of deductibles, co-pays, and prescription medication, out of pocket costs for “traditional” medical insurance (excluding vision and dental) easily exceed the recently enacted \$2,500 annual cap established by the ACA.

# Member Recognition

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DCDS is pleased to report that Dr. Stanley Shulman was presented with an International Volunteer Service certificate from the ADA. The certificate was awarded by the ADA Committee on International Program and Development and the ADA Division on Global Affairs. Dr. Shulman's contributions bring honor to our profession and Society.

## Welcome New Members

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### Davidson O. Lawoyin, DDS

Howard University  
600 W Street, NW  
Room 424  
Washington, DC 20059

*p:* 202-806-0333  
*e:* dlawoyin@howard.edu

- Howard University, 1976
- Oral & Maxillofacial Surgery
- Active Member

### Taryn N. Weil, DDS

3946 Minnesota Ave., NE  
Washington, DC 20019

*p:* 202-397-1033  
*e:* taryn.weil@gmail.com

- University of Michigan, 2012
- General Dentistry
- Active Member

### Lindsay Friedman, DDS, MD

1234 19th Street, NW  
Suite 308  
Washington, DC 20036

*p:* 202-393-6154  
*e:* drlfriedman@gmail.com

- Columbia University, 2006
- Periodontist
- Active Member

### Lauren M. Zollett, DDS

3912 Georgia Avenue, NW  
Washington, DC 20011

*p:* 202-545-8023  
*e:* lzollett@maryscenter.org

- Ohio State University, 2011
- General Dentistry
- Active Member



*Right to left: Drs. Taryn Wells, Paula Russo and Lindsay Friedman*





# DC Dental Society on LinkedIn

DCDS recently created a District of Columbia Dental Society group on LinkedIn ([www.linkedin.com](http://www.linkedin.com)).

The DC Dental Society recently created a group on LinkedIn ([www.linkedin.com](http://www.linkedin.com)). LinkedIn is a social networking website for people in professional occupations. LinkedIn is mainly used for professional networking, idea sharing and creating an electronic rolodex.

The DC Dental Society group provides a small discussion area for DCDS members and stakeholders to share the latest DCDS news, industry best practices, obtain feedback on education topics, etc. Groups also keep their members informed through emails with updates to the group, including most talked about discussions within your professional circles.

## The Society Library – HELP WANTED!

**As former president, I am currently working on building a historic library at the D.C. Dental Society office. I am looking for members that can assist physically and virtually in creating a great member benefit. The library will consist of historic photos, newsletters, and other archived information. If you would like to volunteer your time and energy in creating this library or be interviewed to give any historic information that you may have, please contact me at [Fassihi@aol.com](mailto:Fassihi@aol.com) or by phone at (202) 293-9804.**

### 1,500-3,000 SQUARE FEET OF RETAIL SPACE IDEAL FOR A DENTAL OFFICE

If you're looking to expand, relocate or open a new office in Prince William County, now is a great time to consider Bull Run Plaza. Located in the heart of the Manassas retail hub, the center has a dynamic mix of retail, convenience and service businesses, including a state-of-the-art day care center, dance studio, beauty school, Ross, Dick's Sporting Goods and Michael's. More than 166,000 people live and some 70,000 people work within 5 miles. Just off Route 234/Sudley Road, the center has easy access from I-66. Advertising is available on an electronic reader board, which is seen by nearly 1 million cars per month. And as a bonus, over 11,000 SF of lab/storage space is available at a highly-reduced rate!

Agent for this property:  
Will Collins, 571-382-1225  
[wcollins@rappaportco.com](mailto:wcollins@rappaportco.com)

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# News Review From Harvard Medical School — All NSAIDs May Raise 2nd Heart Attack Risk

Taking a common type of pain reliever may increase the risk of a second heart attack and death, a new study suggests. The study kept track of people for 5 years after a first heart attack.

The higher risk applied to those who took any nonsteroidal anti-inflammatory drug (NSAID). These drugs include ibuprofen (Advil, Motrin and others) and naproxen (Aleve, Naprosyn and others). Prescription types include celecoxib (Celebrex).

The study was done in Denmark. In that country, all NSAIDs except low-dose ibuprofen require a prescription. Researchers looked at records for almost 100,000 people who had a first heart attack. In the next 5 years, nearly half of them filled a prescription for an NSAID.

People who took the painkillers had a 63% higher risk of death from any cause. They had a 41% higher risk of another heart attack.

The results show that doctors should use caution in prescribing any NSAID after a heart attack, experts told HealthDay News. That caution applies even several years later, they said.

Researchers urged U.S. officials to reconsider the current practice of allowing some NSAIDs to be sold without a prescription. The journal Circulation published the study online September 10. In 2002 a similar study appeared in The Lancet on NSAIDs and serious coronary heart disease. The article summary is available at [www.thelancet.com](http://www.thelancet.com).



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# In Memoriam

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## **Dr. Henry "Hank" Heim**

On September 12, 2012 at his residence in Bethesda, MD, Dr. Henry "Hank" Heim passed. He was the beloved husband of Eileen Reckert Heim; loving father of Catherine Marie (Rich) Ensslen, Mary (Craig) Sadick, Henry J. (Laura) Heim, Jr., Julianne (Paul) Huber and Nancy (Matt) Brown; brother of Theodore Heim of Long Island, NY. He is also survived by 18 grandchildren. A Mass of Christian Burial occurred at noon on Monday, September 17th at the Church of the Little Flower in Bethesda, MD.

Hank Heim was a member of numerous societies and a fellow of several organizations as well, too many to be listed here. He was deeply involved with the community and his church. He was the past president of the District of Columbia Dental Society in 1971-1972 and Treasurer of the American College of Dentists from 1973-1977. Throughout his professional career, Hank received numerous awards from varying organizations, including our Sterling V. Mead Award in 1980.

Hank will be well remembered, not just for his excellence in orthodontics and his professionalism, but more importantly, for his gentle, kind, and genuine caring ways and concerns for all people.

## **Dr. George Edward White**

Dr. George Edward White, 87, of Washington, DC, passed away at MedStar Montgomery Center in Onley, Maryland after a long illness on June 24, 2012. He was born on August 5, 1924 in Charlottesville, Virginia. He was a First Sergeant in the Army when he was stationed in Germany. He was honorably discharged in 1946. He attended Howard University's undergraduate school and graduated Summa Cum Laude from the Dental School with a DDS degree. He was an active member of the Alpha Phi Alpha Fraternity.

## **Robert B. Lytle D.D.S.**

Robert B. Lytle, of Lincoln, died Friday, August 31, 2012. Born July 6, 1915 on a farm near York, Nebraska to Charles and Lillie (King) Lytle. Received a degree from University of Nebraska College of Dentistry in 1939. Following two years of private practice in Osceola, Nebraska, Bob joined the Navy in 1941. He served on the hospital ship Samaritan during WWII. Included in his Navy career was a 7 year tour of duty teaching prosthodontics at the Naval Dental School in Bethesda, MD. Bob retired from the Navy with a rank of Captain in 1963. He taught prosthodontics at Georgetown University in Washington, DC from 1963 to 1983 when he was appointed Professor Emeritus. Bob continued a private prosthodontic practice in Washington, DC until June 1999, sixty years after he graduated from dental school. During his years at Georgetown School of Dentistry, Bob and Phyl were avid sailors on the Chesapeake Bay. In 1999, they retired to the golfing community of Pinehurst, NC. In NC, Bob particularly enjoyed being near six of his great grandchildren and the visits of the 6 great grandchildren who traveled from the west and east coast. He moved to Lincoln in September of 2011.

Bob is survived by his wife of 73 years Phyllis (Alfred) Lytle, of Lincoln; daughter Susan Boswell and son-in-law Richard of Lincoln, daughter-in-law Mina Lytle of Virginia Beach, VA, daughter-in-law Ruth Lytle, of Port Townsend, WA, and son-in-law Oscar Graham (Pete) Gulley, of Southern Pines, NC; grandchildren Jeff (Diane) Boswell, Kathy (Kirk) Godfredsen, Beverly (Mark) Coose, Charles Lytle, Amy (Randy) Steele, Graham (Angel) Gulley, Paul Lytle, Megan (Chris) Hunt, Dennis Lytle, Robert J. Lytle; 12 great grandchildren; nieces and nephews. Preceded in death by children James Lytle, Robert B. Lytle and Linda Gulley; sister Mildred Schnasse and brother Charles Lytle.



# Local Anesthesia & Pain Control Course for Dental Hygienists

## Block and Infiltration Local Anesthesia / Nitrous Oxide-Oxygen Sedation

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**Location:** Howard University College of Dentistry  
600 W Street, NW Washington, DC 20059

**Dates:** January -17 Thursday, 18 Friday /19 Saturday / 24 Friday /25 Saturday, 2013

### Learning Objectives

- ✦ Be familiar with the history of local anesthesia with regard to dental hygiene.
- ✦ Be knowledgeable with the concepts necessary for competent Medical History and patient record documentation.
- ✦ Be familiar with the anatomical structures and relationships involved in local anesthetic injections.
- ✦ Be familiar with the basic pharmacology of local anesthetics, vasoconstrictors, and Nitrous Oxide and understand the concepts of contraindications, concerns, efficacy and toxicity.
- ✦ Be knowledgeable concerning the documentation of local anesthesia and Nitrous Oxide utilization.
- ✦ Be familiar with the concepts inherent in the neurophysiology related to local anesthesia and pain control.
- ✦ Be knowledgeable with regard to medical emergencies concerning dental patients.
- ✦ Be familiar and competent to provide local anesthesia techniques concerning mandibular and maxillary local anesthesia.

### Completion of Course

- ✦ 35 hours to comply with MD, DC, VA
- ✦ Prepares for the NERB Exam
- ✦ Dental hygiene local anesthesia procedures are approved in 40 States with certification through successfully completing an approved course.

### Presenters

- |                         |                    |
|-------------------------|--------------------|
| ✦ Dr. John Bailey       | Ms. Judith Neely   |
| ✦ Dr. Ron Brown         | Ms. Sandra Osborne |
| ✦ Dr. Andre Farquharson | Mr. Jonathan Owens |
| ✦ Mrs. Marie Gillis     | Dr. Errol Reid     |
| ✦ Dr. Donna Grant-Mills | Dr. Frances Sam    |

**Cost:** \$1600.00

- ✦ Lunches Provided
- ✦ Number of participants are limited
- ✦ \$500.00 deposit (refund of \$250.00 with notification, one week prior to start date)
- ✦ Balance due at the beginning of the course

Call 202-806-0079 for further information

Disclaimer: Please note that speakers and schedules are subject to change



## **The Greater Washington Academy of Women Dentists**

**A local study club for women in the dental profession serving the Washington metropolitan area for 25 years.**

*Our mission is a commitment to sharing our ideas and knowledge about our profession, our lives, our practices and our families. We give each other support through friendship and camaraderie. We care about continuing education to preserve the value of our dental profession. We are The Greater Washington Academy of Women Dentists because of our unique quality as women."*

### ***Tuesday, October 2, 2012***

Speaker: Dr. Pam Peeke - Physician, Scientist, International Expert in the fields of metabolism, fitness, stress, healthy living & aging.

**"Slip into Your Skinny Genes: How to Make Groundbreaking New Science Power You to Your Best Mind & Body".**

### ***Tuesday, December 4, 2012***

Speaker: Dr. Robert Fleisher - Practice Management Expert, National Lecturer, Endodontist, Comedian, Author

**"From Waiting Room to Courtroom - How to Avoid Getting Sued"**

### ***Tuesday, February 5, 2013***

Speaker: Dr. Andre Farquharson - Associate Professor Oral Pathology, Howard University College of Dentistry, Washington, DC

**"The ABC's of HPV all the way to Z"**

### ***Tuesday, May 7, 2013***

Speaker: Holli Thompson, CNHP, CHHC - Wellness Coach, National Lecturer, Author & Media Consultant on Nutrition - CBS, ABC

**"Nutritional Style: A Seasonal Approach to Vibrant Health"**

**Meeting Location:**

**Bethesda Country Club**

**7601 Bradley Boulevard, Bethesda, MD 20817**

**Welcome Reception: 5:30 p.m. / Dinner & Lecture: 6:30 p.m.**

**Please visit our website at [www.gwawd.org](http://www.gwawd.org) for meeting & membership information. If you have any questions, contact Dr. Paula Russo at [pulpdds@aol.com](mailto:pulpdds@aol.com) or (202) 861-0045.**

## Classified Ads

### Practice For Sale Or Rent (Dupont):

Dupont Circle Dental office for sale or rent. 2 Ops. Metro rail and 10 bus lines, 24X7 access, Comfortable wood floor. Call Dr. Ryan. 202-872-0022.

### Practice For Sale:

Bethesda – fee for service retiring, grossing \$500K. Also ROCKVILLE – Town Center 2 ops pl. for 3. Presently part time. Polcari Associates, Ltd. (800) 544-1297.

### Job Listing – DC Dental Spa:

We are an upscale cosmetic, implant and general dental office looking to add a Prosthodontist, Periodontist or Oral Surgeon with 2+ years experience. We pride ourselves on total patient care and satisfaction. This is a part time position with the potential for full time. Must be licensed in DC. Please email resumes/CVs to dcdentalspa.jobs@gmail.com.

## DUES

The Society will be mailing invoices for the 2012-2013 D.C. Dental Society and ADA dues on November 1, 2012. The Society dues for full active membership and metropolitan membership will be \$430 and ADA dues will be \$542. Associate membership dues will be continue to be \$145. Howard faculty Society dues will remain at \$250. Dues payments for all members is due by January 1, 2013. Dues payments received after March 31, 2013 will be increased from \$430 to \$505.

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